



Institute of Teaching and Research in Ayurveda
(Institute of National Importance)
Ministry of AYUSH, Govt. of India,
Opp. B – Division Police Station, Gurudwara Road, Jamnagar – 361 008

BROCHURE OF INFORMATION (BOI)

Institute of Teaching and Research in Ayurveda (ITRA) is the first and only **'Institute of National Importance'** in the sector of Ayush (Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy). The parliament of India passed the 'Institute of Teaching and Research in Ayurveda Act, 2020' and the provisions of this act came into force on 15th October 2020.

The Institute offers undergraduate, postgraduate and doctoral programmes in various disciplines of Ayurveda. The aim of the Institute is to conduct interdisciplinary and collaborative research work incorporating advances of basic sciences focused on validation and appraising of fundamental principles of Ayurveda, Ayurvedic drug development, preclinical studies and therapeutic approaches of Ayurveda and to enrich Ayurveda Pharmacopeia and Ayurvedic Formularies through evidence-based researches.

Institute has well equipped with 300 bed hospitals for facilitating clinical researches on Ayurvedic drugs. The Institute is having 14 Departments and 18 specialty OPDs with inter-disciplinary research laboratories wherein scholars have access for research works. The hospitals of Institute are well equipped with state-of-the-art facilities, instruments and infrastructure, modern diagnostic tools and techniques. Institute has a spacious library with collection of rare books and manuscripts. World Health Organization (WHO) designated the Institute as "Collaborative Center for Traditional Medicines in the field of Ayurveda" from May 2013. It is noteworthy to emphasize that, Institute is the first Ayurveda centre throughout the world which is designated as WHO collaborative center for Ayurveda.

This brochure contains the information for the admission to PhD programme through Entrance Examination 2026 in 11 specialties for PhD (Ayurveda), for PhD (Ayurveda Pharmacy) and PhD (Medicinal Plants) for the academic session 2026-27. An applicant desirous of seeking admission to PhD programme at Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar for academic session 2026-27 must read the contents of this Information brochure carefully.

Important Dates for Admission Procedure

Event	Date
Date of Notification	01.04.2026
Form and format of SOP available on line	01.04.2026
Closing Date for receipt of online forms	25.04.2026
Date of entrance test	09.05.2026
Time for submission of grievances related to questions and answers key	09.05.2026 up to 06:30pm
Redressal of grievances and uploading of revised key if required	10.05.2026
Declaration of result of written test (On website of the institute)	11.05.2026
Interview Dates	14.05.2026 to 16.05.2026
Declaration of final results	Within a week of last interview date.
Submission of Fees	30.05.2026
Joining Date (Term starts from)	01.07.2026

Note: - Any change in above schedule shall be notified on the website of the Institute, www.itra.ac.in

1. **Eligibility for Research Scholar:** The applicants for admission to the PhD programme shall possess any of the following qualifications, namely: -
 - a) Post graduate degree in Ayurveda, MD (Ayurveda) or MS (Ayurveda) in concerned subject from a recognized University or Institute established by law.
 - b) For Ph.D. (Ayu. Pharma) Post graduate degree in Ayurveda Pharmacy or Pharmacy in concerned subject from a recognized University or Institute established by law.
 - c) For Ph.D. (Medicinal Plants), M.Sc. in concerned subject from a recognized University or Institute established by law.
 - d) The applicants appearing in the final year examination of their respective Post Graduate degrees may also apply for entrance test; however, their admission shall be subject to their passing in those examinations at the time of interview.
 - e) No candidate shall be eligible to register for the PhD Program, if he/she is already registered for a PhD program in other Institute or University.

If any candidate employed in the regular service, he or she shall have to submit the “No Objection Certificate” from the concerned employer during interview.

2. Admission Procedure

- a) The admission to the Doctoral degree programme shall be in 11 specialties in concerned departments.
- b) The candidates seeking admission to the PhD course are required to apply online through a pre-specified application form on www.itra.ac.in with payment of requisite fees on or before the last date of submission.
- c) Examination Fees are to be paid through online payment mode.
- d) Candidates who qualify for the interview will have to submit the filled SOP (in provided format as per annexure-1) to the Institute by 5:30 pm of 13.05.2026.
- e) The admission to PhD programme is through entrance examination conducted by the Institute, followed by submission of SOP and interview.

2.1. Entrance Examination

- a) The entrance examination for admission to the PhD programme in various subjects shall be conducted by the Institute for eligibility of the applicants.
- b) The entrance examination shall be conducted at the Institute. The Institute reserves the right to change or cancel the centre of examination without assigning any reason and shall be notified on the website of the Institute.
- c) **For PhD (Ayurveda)**, the eligibility entrance examination shall be based on knowledge of Ayurveda, current advances in Medical Science, Research Methodology, Biostatistics etc., and there shall be two question papers of multiple choice questions format, namely, Paper I and Paper II bearing equal weightage of fifty marks each. Paper I shall comprise the questions on Research Methodology and Biostatistics along with the current advances in Health Sciences and it shall be common for all the applicants and Paper II shall be subject specific.
- d) **For PhD (Ayurveda Pharmacy) and PhD (Medicinal Plants)**, there shall be two question papers of multiple choice questions format, namely, Paper I and Paper II bearing equal weightage of fifty marks each. Paper I shall comprise the questions from the syllabus of Post Graduate degree programme and recent advances in Ayurvedic Drug researches and it shall be common for all the applicants and Paper II shall be subject specific.
- e) The duration of the entrance test shall be ninety minutes.

- f) Questions will be in English language only.
- g) An applicant has to secure a minimum of fifty per cent cumulative marks for qualifying the examination for General, EWS or Other Backward Classes or Social and Economically Backward Classes categories and forty-five per cent for Scheduled Cast or Scheduled Tribes categories.
- h) Each question shall consist one mark for each right answer. In case of each wrong answer, **one fourth marks shall be deducted** only for PhD (Ayurveda) candidates.
- i) The result of the entrance examination shall be notified on the website of the Institute.
- j) If applicants of the same category and same specialty score cumulative equal marks in entrance test, **the marks obtained in Paper-I shall be considered for the merit and in the condition of scoring equal marks in Paper-I, the marks secured in the final year Post graduation theory exam shall be considered for merit place.**
- k) Entrance test is just for deciding the eligibility and short listing of the candidates. The final selection of candidate shall be done by the submission of SOP and interview.

2.2 Interview process

- a) The shortlisted candidates shall be informed to submit the Statement of Purpose (SOP) to the concern department within given time limit. Template for SOP is attached as appendix of this broucher.
- b) The shortlisted candidate shall be called for interview at the Institute. Interview will be based on submitted SOP, Subject knowledge and research interest.
- c) The candidate has to produce all the required documents in original at the time of interview.
- d) The information regarding subsequent lists of selected candidates, if any, shall be notified on the website of Institute.

3. Allotment of Stipendiary and Non-stipendiary seats. -

3.1 In case of stipendiary seats, the available seats shall be allotted according to the

sanctioned of the seats in different departments. In case when sufficient scholars or guides are not available in concerned departments, the remaining seats shall be allotted to other departmental scholars as **per the merit marks in Paper I of the entrance test**, subject to the availability of seats under the Guides of concerned department. While allotting students by this procedure, roster for reservation will be followed. The stipend shall be paid to the registered candidate as per the norms of the Institute.

3.2 In case of non-stipendiary seats, the qualified candidates may opt for seat as per subject availability and availability of seats under the guide.

4. Research Grant for PhD Programme

The research grant to the eligible registered candidate of PhD (Ayurveda) as per the terms and conditions of the institute and Ministry of Ayush, Government of India.

5. Reservation policy

Reservation Policy for the PhD Ayurveda admission will be followed as per central Government rules as mentioned below.

- a) S.C.-15%
- b) S.T.-7.5%
- c) OBC-NCL- 27% (Non-Creamy Layer as per the current up dated central list of OBCs <http://www.ncbc.nic.in>; OBC candidates present in the state list but not covered in the Central list of OBC are NOT eligible to claim for reservation under OBC-NCL.
- d) GEN-EWS-10% (as per the prevailing norms and/or notifications of the Govt. of India.)
- e) PwBD- 5% (as per relevant Regulations under NCISM/NCH Act 2020)

6. Distribution of Seats for PhD (Ayurveda):

Distribution of Seats for PhD (Ayurveda) for the academic year year 2026-27 will be as mentioned below.

Sr. No.	Dept.	Seats	UR	OBC	ST	SC	EWS
1	Basic Principles (BP)	3	1	1	-	-	1
2	Dravya Guna (DG)	2	1	-	-	1	-
3	Rasa Shastra & Bhaisajya Kalpana (RSBK)	3	1	1	1	-	-
4	Roga Nidana	2	1	-	-	1	-
5	Prasuti Tantra & Stri-roga (SRPT)	3	2	1	-	-	-
6	Kaumarbhritya (KB)	2	1	1	-	-	-
7	Kayachikitsa (KC)	3	1	1	1	-	-
8	Shalya Tantra (SLY)	2	1	-	-	1	-
9	Shalakyta Tantra (SLK)	2	1	-	-	-	1
10	Panchakarma	3	2	-	-	1	-
11*	Swasthavritta*	2	1	1	-	-	-
12	Kriya Sharira	2	1	1	-	-	-
13*	Rachna Sharira*	2	1	-	-	-	1
14*	Agad Tantra*	2	1	1	-	-	-
Total		33	16	8	2	4	3

* Admission to Ph.D. (Ayu) programme for academic year 2026-27 will not be done in department of Swasthavritta (sr.no.11 of above table) due to the unavailability of vacancy under the guide. Also in department of Rachana Sharira, (sr.no.13 of above table) and in department of Agada Tantra (sr.no.14 of above table) due to unavailability of guide admission to Ph.D. (Ayu) programme for academic year 2026-27 will not be done. These six seats will be allotted to other departmental scholars as per the merit marks in Paper I of the entrance test, subject to the availability of seats under the Guides of concerned department. While allotting these seats reservation categories mentioned in above table will be followed.

Note 1: One PWD (Person with disabilities) seat shall be reserved in Roga Nidan Evam Vikriti Vigyan. it will be allotted among any of the categories on horizontal reservation basis for UR, OBC & SC where ever candidate available.

Note 2: In case of non-availability of PWD (Person with disabilities) the same seat will be offered to un-reserved candidate.

Note 3: In case of non-availability of candidate in any reserved seat, the same seat will be offered to un-reserved candidate.

7. Fee Structure

7.1 Examination fees for the entrance examination:

1.	For SC/ST and Persons with Disabilities (PwD)	Rs. 1500/-
2.	For all other categories (Unreserved, OBC etc.)	Rs. 2000/-

7.2 Fee structure of PhD Program:

Every PhD scholar shall pay the fees as notified by the Institute from time to time.

Note: Fee once deposited will not be refunded except the refundable amount.

8. Duration of PhD Program

- It is to be noted that institute currently has PhD programme of three years tenure including coursework.

Others

- Candidates registered for PhD course fellowship scheme shall have to abide by the general rules and regulations as laid down by the Institute.
- Changes made in the PhD programme after the release of this brochure shall become effective as per policy of the Institute unless stated otherwise.
- ITRA reserves the rights to revise, amend, update or delete any part of this brochure without giving any prior notice or reason. Any change so made be updated on the website of the Institute, www.itra.ac.in.
- For all the updates related to PhD admissions, the candidates are advised to check the website of the Institute regularly, as no separate information shall be circulated to individual candidate.

Statement of Purpose for admission to Ph.D. programme at ITRA

Statement of Purpose should include following points and the documents should not exceed one A4 size page. Times New Roman fonts with font size 12 is to be used.

- Self-Introduction with academic background
 - Details of undergraduate and Postgraduate study
 - Professional experience (if applicable)
 - Research experience (During PG study and if any other)
- What motivated you to choose a career in research?
- Research Interest and field in which you want to work
- Why you selected ITRA?
- Short term and long career Goals and how Ph.D. will be useful to achieve it